The EP will try to help...

- If you find school or college work too hard, including reading and/or writing
- If you feel isolated in school or college or find it hard to make friends
- If you have a medical condition that means you need additional support in school or college
- If you have difficulty controlling your emotions and/or behaviour

Remember

- You have a right to say what you think and be listened to when decisions are made in school or college.
- EPs aim to treat everyone fairly whatever their age, gender or background.

Contact Details

AYLESBURY
Educational Psychology Service
New County Hall
Walton Street
Aylesbury
HP20 1UZ
Tel: 01296 383219

AMERSHAM
Educational Psychology Service
King George V House
King George V Road
AMERSHAM
HP6 5AW
Tel: 01494 732187
Email: eps@buckscc.gov.uk
Website: www.buckscc.gov.uk/schools/eps

If you require this document in an alternative format please contact us

What is an Educational Psychologist?
Information for Young People
KS3 or KS4

Buckinghamshire Educational Psychology Service
What is Psychology?
Psychology is when we think about how people feel, think, learn and behave.

What is an Educational Psychologist (EP)?
An EP is a person who uses psychology to promote the education and well-being of children and young people.

Who do EPs work with?
- Schools and Colleges
- Pupil Referral Units and other educational provisions.
- Individuals and small groups
- Parents/carers, and families,
- Teachers and other professionals

Our Aim
Our aim is to help schools, teachers and others to improve the learning of young people and their experiences in school.

What do EPs offer?
We offer to meet with young people to discuss, advise and support, this is known as a consultation.

When we work with Young People we ask their views and involve them in decision making.

Why am I seeing an EP?
- Your school, parent/carer or another professional may have asked an EP for support
- You may have requested to see an EP using the contact details on the back of this leaflet.
- We can discuss the reasons further when we meet.
- You will normally see the EP in your school or college.

What will happen when I see an EP?
- The EP may come into your class to see a lesson.
- You will be asked for your views on school, your learning and what would be helpful for you.

What next?
After you have met with the EP, an action plan will be put together. Everyone who is involved will contribute to this including your teachers, parents/carers and you.

Consent
- We will need to obtain consent from a parent or carer before an EP can meet with you
- Under certain circumstances, you may be able to give your own consent. Your EP will discuss this with you.
- If you do not want to work with the EP please let someone know and your views will be listened to.

Confidentiality
Our service is confidential. We do not pass on information to others without your permission, except where you or another person is at risk of being harmed, then it is our duty to inform the relevant people. In this case the EP will discuss this with you.