

## **Course Title: Phase 2 - The Psychology of Learning and Driving**

### **Course overview**

This one day course has a strong focus on the development of the instructor's ability to apply the Goals for Driver Education through an improved understanding of the psychology of how people learn to drive. At the end of the course the participants will be able to use simple psychological models to inform their planning of in-car driving sessions taking into account the students learning needs.

### **Learning outcomes**

The learning outcomes of the course are for the course participants to:

- Develop a deeper understanding of the role that context has in driving behaviour and how to address this in driver education
- Consider how a number of psychological models could be used within driver education
- Have a better understanding of how we learn and develop and how to aid this process as on a driving session

### **Course timetable**

09.00 Registration and Coffee  
09.15 Ice breaker and setting the session's goals  
09.30 What is driving?  
10.00 Planning behaviour  
**10.30 Break**  
10.45 Choosing the right speed for you  
11.00 How we build the world  
11.45 The human in the seat  
**12.30 Lunch**  
13.15 How do we learn?  
14.00 Helping people to change  
**15.00 Break**  
15.15 Changing context  
15.45 Dealing with dyslexia  
16.15 Summary  
16.30 Course complete

### **Who should attend this course?**

This course is ideal for any instructor or trainee instructor who wishes to further develop their knowledge, understanding and ability to deliver a driving lesson related to the learning outcomes above.