



# Kids' Pack





# Congratulations!

You're a Junior Road Safety Officer

Your job is to tell everyone in your school how to stay safe on the road – **and to have fun while you do it!**



There's information in this pack to help you talk about road safety, run cool competitions, put posters up around your school – and find new ways to get the word out about road safety.

One of your school teachers or assistants will be your school helper. They can help you be the best Junior Road Safety Officer (JRSO) possible.



# My job

In this pack you'll find everything you need to do your job. Ideas for competitions, talk about road safety in assembly or in the classroom and put up posters around your school. We have included useful things to help you, like certificates to give to competition winners and there's also a year planner. Why not have a meeting with your school helper or teacher to decide where you're going to start?

## Additional role

JRSOs also have the opportunity to get involved with patrolling outside their school, with Police Community Support Officers, as **Pupil Traffic Wardens**. They help to stop people parking dangerously on pavements, yellow lines, dropped kerbs and zigzag markings by asking parents to move to safer places and park in a more considerate way.

## Staying street safe

Learn how to stay safe on our roads by using the Green Cross Code – and know your puffin from your pelican as you find safer places to cross. Please see the **Links** page for websites worth surfing for more facts!

## Activities

You'll find examples of activities you can use to get your school involved. You'll also find a road safety quiz, words to unscramble, word searches and more. You could use these as competitions or make up your own!

## Activity solutions

You'll get all the answers to the activities. If you use the activities as competitions, you can mark entries with your school helper and choose a winner.



**Don't forget.....**

**Only print off the pages that you need, to help save our planet.**



**Your mission  
starts here!**





# Speak up

## Tell people about road safety

### First things first!

As an official JRSO, your first mission is to introduce yourself in your school assembly.

You can also put your '**All about me**' poster on your notice board to make sure everyone knows you're a JRSO. How about adding a photograph of yourself too!



When you've done that, you can start planning talks in assemblies, class or small groups to get the rest of your school involved and help them learn. Once a month you will be sent a bulletin from the Travel Choice Team.

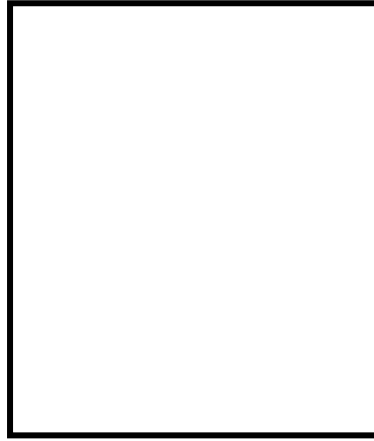
### So how do you do it? Here are our top tips:

- Decide on a **time** with your school helper or teacher.
- Think of ways to get your **audience** involved and to keep their attention. You could ask questions, get others to help you, or make up songs and plays.
- Use assemblies to talk about new **competitions** or announce competition winners and give out certificates and/or prizes too.
- Remember practice makes perfect, so **practice** what you'll say in front of your friends and family.
- Speak **loudly, clearly and slowly** during your talk, but most of all remember to have fun.



*How about inviting your local Police Community Support Officer (PCSO) or School Crossing Patroller (SCP) into your school to see, or even help you with, your assembly.*

# All about me



**I'm your Junior Road Safety Officer.**

**My name is:** \_\_\_\_\_

**from class:** \_\_\_\_\_

**Ask me how to learn more about road safety.**







# Win, win, win!

## Run competitions

Holding exciting competitions will get everyone in your school interested in road safety.

### Follow these steps:

- Pick a **topic**. Look at your **year planner** for help or search websites for more information and inspiration on road safety.
- Choose with your school helper the best **time** to run competitions.
- Think about **who** the competition is for – is it just for your class, a couple of year groups or the whole school?
- Now decide what **type** of competition you want to run – see our competition ideas.
- **Tell everyone** about the competition and when and where they need to hand their entries in. Put up posters, tell people in class or assembly, or use your school website if you have one.
- You can make a **collection box** for people to post their entries in and put it in a place where everyone can see it. Make sure you tell everyone to write their **name and class** on the entries so you know who the winner is.
- Next, ask an adult to be a **judge** and pick the winners of the competition. This could be your school teacher or your head teacher. If the competition is for the whole school, they could choose winners from each year group.
- Give out **certificates** for the best entries, like our example or design your own. Ask your school helper to photocopy it.
- Write the winner's name, class and what competition they won on the lines. Or you could always design your own.





# Run competitions Cont'd



- Your school helper may help you find some prizes to give the winners.
- Why not **announce the winners** in class or assembly? They could come to the front to collect their certificate or prize. Winning entries could be displayed on a notice board or wall for everyone to see.

## Competition ideas

There are endless possibilities for the type of road safety competitions you could run. Here are just a few ideas:

- Use one of the **activities** provided.
- Write a **song, poem or rap** – you could ask people to record or perform it. 
- Create a **word search, crossword** or other puzzle. 
- Write an **advice leaflet** to show your school and parents how to stay safe.
- Write a **story**. 
- Make up and perform a roads safety **play or advert** – you could even film it.
- Find a **picture** to remind you to be safe, either take a photo, print one from the web or cut it out of a magazine – just add a caption. 
- Make a **poster** with a road safety message.
- Design visible clothing or other **products** to make you safer.
- Draw a **map** showing the safer routes to your school.



# Competition Winner

This certificate is awarded to:

Name: \_\_\_\_\_

Class: \_\_\_\_\_

For: \_\_\_\_\_

\_\_\_\_\_

Signed: \_\_\_\_\_

Junior Road Safety Officer

\_\_\_\_\_

Headteacher

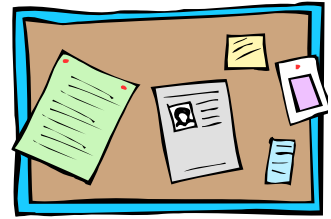




# It's a stick up!

## Put up posters

Sticking up posters on your notice boards will remind them who you are and how to stay safe.



Your school helper might be able to help you get different posters too if you want them from the internet (see **Links** page).



Or you could make your own posters to let people know about your latest competitions or road safety messages. And you can run competitions for everyone to make road safety posters.

### Top Tips!



- **If you're making your own posters, use bright colours and clear writing so people will remember your road safety messages.**
- **Remember posters will look great if you put up new information every month.**



# JRSO Year Planner 2009/10

Month	Bulletin Topic	Things to do
<b>AUTUMN</b>	<b>Air Quality</b>	
<b>September</b>	Welcome Introducing myself	Read through the Kids' Pack. Talk with your JRSO helper to plan what you can do through the year
<b>October</b>	Walk to School Month	Count your carbon footprint. Look at how walking and cycling to school can help to reduce pollution and improve air quality
<b>November</b>	Be Bright, Be Seen	Collect fluorescent and reflective fabric. Look for clothes in neon colours
<b>December</b>	Environmental Pollution	Find ways to improve air quality and the environment
<b>SPRING</b>	<b>Sustainable Travel</b>	
<b>January</b>	Benefits	Find out about different ways to travel sustainably
<b>February</b>	Out and about	Produce a map of your local area and find safe routes to your school
<b>March</b>	Travelling Safely – on foot	Find out about Footsteps training
<b>April</b>	Travelling Safely – on wheels	Find out about Scooter Skills and Cycle Training
<b>SUMMER</b>	<b>Independence</b>	
<b>May</b>	Walk to School Week	Organise an event or activity, maybe run a competition for the week
<b>June</b>	Skills and thrills  Recruiting new JRSOs	Practise your road safety skills  Plan how to hand over to new JRSOs
<b>July</b>	Moving on/Moving Up	Transfer Day is a good opportunity for everyone to think about their journey to school next year



# Links

## Useful websites

You can surf the web for more useful road safety facts. Here are some of our favourite sites:

[www.buckscc.gov.uk](http://www.buckscc.gov.uk)

Then click on Transport, and then click on Travel Choice (or click on Transport, and then click on Road Safety).

[www.tfl.gov.uk/jrso](http://www.tfl.gov.uk/jrso)

Discover a cool JRSO computer game, information about the Street Safe Squad, background pictures for your computer screen and much more!

[www.hedgehogs.gov.uk](http://www.hedgehogs.gov.uk)

Click your way through exciting games and quizzes in Hog Street to keep you safe on the road.

[www.thinkroadsafety.gov.uk/arrivealive](http://www.thinkroadsafety.gov.uk/arrivealive)

Learn about road markings, the Green Cross Code and much more.

[www.walktoschool.org.uk](http://www.walktoschool.org.uk)

Discover weird and wonderful walking facts and find out more about walk to school week.

[www.bikeability.org.uk/kids](http://www.bikeability.org.uk/kids)

Find out all about the new scheme that can help you cycle safely.

[www.roadsafetyweek.org.uk](http://www.roadsafetyweek.org.uk)

All you need to know about Road Safety Week.

[www.iwalktoschool.org](http://www.iwalktoschool.org)

Find out more about International Walk to School Month.



**Don't forget to ask your JRSO helper for help!**





## Competition examples

You can use the following pages as competitions if you decide to run them in your school – or you may decide to use your own ideas!



**Solutions** are available at the back of the pack.



# Road safety quiz



How well do you know road safety?

You may want to ask a family member, friend or teacher to help you.

**1. How do you stop traffic at a pelican crossing?**

- Let drivers see you and wait
- Push the button and wait for the green man signal
- Stand at the kerb until the traffic stops

✓ Please tick the correct answers

**2. You need to use an appropriate car seat if you're under 12, and shorter than what height?**

- 120cm
- 135cm
- 150cm

**3. The Green Cross Code is a guide to help you cross the road safely. The steps for crossing safely are:**

- Find a safer place to cross. Stop, look, listen and think! Cross when there is no traffic coming and there is enough time to walk across the road. Keep looking and listening for traffic while you cross.
- Find a safer place to cross. Look and listen, stop. Cross when there is enough time. Look and listen then run.
- Stop. Find a place to cross. Look and listen. Cross when there is enough time. Look to the left, then walk do not run.

**4. If there is no pavement or footpath you should:**

- Walk on the road in the same direction as traffic.
- Walk on the side of the road, so that you're facing the traffic coming towards you.
- Walk on the road, and move in and out of traffic.

**5. When riding in cars always:**

- Distract the driver
- Throw rubbish out of the window.
- Wear a seatbelt.

**6. This sign means:**

- No cycling
- Cycling allowed
- Give way to cycles



**7. Walking at night it's safest to wear:**

- Warm clothes
- Waterproof clothes
- Reflective clothes

Name: \_\_\_\_\_

Class: \_\_\_\_\_



# Green Cross Code-breaker!



First find a  
**s\_f\_r** place to  
cross, then  
**s\_ \_ \_ \_**

**C\_ \_ \_ \_s** when there is  
no traffic and there is enough  
**\_ \_ \_ e** to get to the other side  
without running.

If you are unsure don't cross.

**S\_ \_ \_ \_ d** on the pavement,  
but not too close to the  
edge of the kerb.

**L\_ \_ \_ \_** and **l\_ \_ \_ t\_ \_ n**  
in all directions for any  
traffic and **t\_ \_ \_ n\_ \_** about  
what you are doing.

Keep **l\_ \_ \_ \_ \_ \_ g** and  
**\_ \_ \_ \_ \_ \_ ing** for traffic  
as you cross the road.  
**\_ \_ \_ k** straight across the  
road. Do not run.

*How well do you know  
your Green Cross Code?  
Fill in the blanks and  
number the pieces so the  
code is complete and in the  
right order*

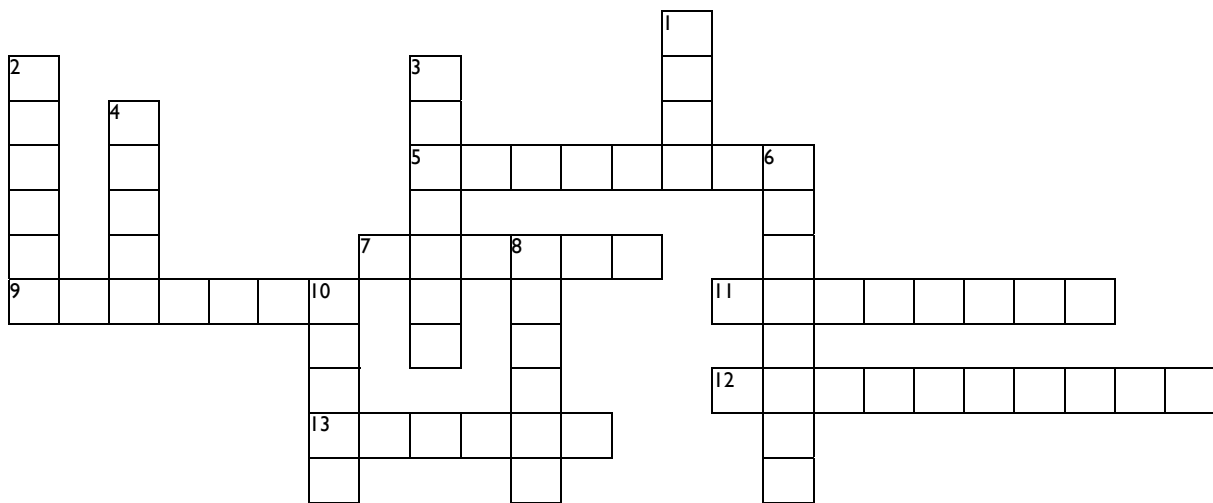


Name: \_\_\_\_\_

Class: \_\_\_\_\_



# Crossword



## Across

5. Uniformed person who can help you cross the road near school! (8)
7. Look and - - - - - in all directions for any traffic (6)
9. - - - - - Island – cross halfway first (7)
11. It's the law to wear one of these in the car (8)
12. The type of clothing that can help you be seen at night (10)
13. Tunnel under the road you can walk through (6)

## Down

1. Find a safe place to cross and - - - - (4)
2. Protects your head when cycling (6)
3. A healthy way to get to school (7)
4. A black and white-striped crossing (5)
6. Walk on this if there is one (8)
8. A crossing you share with cyclists (6)
10. Green - - - - - Code (5)

Name: \_\_\_\_\_

Class: \_\_\_\_\_



# Unscramble these words



cleyc

---

lsgtih

---

spto

---

olok

---

nsteli

---

rlory

---

knhit

---

rac

---

ubs

---

eesdp

---

iatx

---

Name: \_\_\_\_\_

Class: \_\_\_\_\_



# Unscramble these words



erkdap rsca

---

enegr srcso dceo

---

gnidvri

---

idenpsetar

---

laikwgn

---

godfotbrie

---

erbza osicngsr

---

fcirta dainsl

---

yaubsw

---

nieplac gsorscin

---

opliplol rnpseo

---

fifcrat gstlhi

---

cpoeil focfeir

---

vatmpene

---

otolcymrce

---

Name: \_\_\_\_\_

Class: \_\_\_\_\_





# Word search

Try to find the words below

S	T	H	E	L	M	E	T	R	A	R	C	B
O	L	F	F	K	D	M	E	P	G	O	F	N
Q	U	A	O	P	L	N	S	V	N	A	E	J
C	R	O	S	S	I	E	Y	P	B	D	I	T
B	O	L	O	Z	L	T	F	F	R	N	H	A
H	J	M	Q	U	E	S	P	V	G	E	D	P
T	F	I	A	F	C	I	T	E	B	C	A	R
P	G	O	A	S	S	L	E	I	N	T	L	M
K	C	S	T	L	E	B	T	A	E	S	J	K
V	E	T	X	W	L	L	A	R	T	E	Y	T
S	R	O	U	T	O	P	S	L	O	O	K	B
T	M	P	E	L	H	T	R	A	F	F	I	C

1. safety
2. look
3. listen
4. stop
5. road
6. cross
7. car
8. helmet
9. seatbelt
10. traffic

Name: \_\_\_\_\_

Class: \_\_\_\_\_



# Word search



Try to find the words below

L	X	Z	V	A	U	T	U	S	A	I	P	C	M	E
O	A	E	F	O	O	T	B	R	I	D	G	E	N	M
L	I	B	S	H	D	E	E	F	A	I	W	Y	K	O
L	T	R	A	F	F	I	C	L	I	G	H	T	S	T
I	R	A	O	O	K	A	X	U	R	S	X	H	P	O
P	E	C	V	A	N	B	S	P	E	E	D	I	O	R
O	D	R	E	B	E	X	I	U	C	S	A	N	Y	C
P	S	O	R	E	L	S	U	D	I	Z	E	K	R	Y
P	U	S	I	L	O	R	R	Y	F	A	C	J	D	C
E	B	S	G	H	I	G	T	E	F	I	U	I	P	L
R	W	I	O	R	J	U	D	P	O	S	K	F	J	E
S	A	N	T	I	U	A	M	L	E	F	P	E	H	P
O	Y	G	U	X	N	S	B	U	C	N	S	B	S	T
N	F	L	R	A	N	E	T	S	I	L	B	E	C	I
D	G	F	W	T	I	C	P	O	L	S	U	P	F	E
P	E	L	I	C	A	N	C	R	O	S	S	I	N	G
E	P	A	T	K	I	G	N	S	P	G	O	A	I	F
G	R	E	N	T	L	O	O	K	L	U	N	F	E	R
R	A	C	T	U	H	O	T	N	E	M	E	V	A	P
B	E	D	O	C	S	S	O	R	C	N	E	E	R	G
S	I	G	I	T	R	A	F	F	I	C	T	J	L	M

1. footbridge
2. zebra crossing
3. subway
4. pelican crossing
5. lollipop person
6. traffic lights
7. police officer
8. look
9. pavement
10. motorcycle
11. listen
12. van
13. lorry
14. think
15. car
16. bus
17. speed
18. taxi
19. green cross code
20. traffic

Name: \_\_\_\_\_

Class: \_\_\_\_\_






# Solutions!







# Road safety quiz

1. **How do you stop traffic at a pelican crossing?**
- Let drivers see you and wait.
  - Push the button and wait for the green man signal.**
  - Stand at the kerb until the traffic stops .
2. **You need to use an appropriate car seat if you're under 12, and shorter than what height?**
- 120cm
  - 135cm**
  - 150cm
3. **The Green Cross Code is a guide to help you cross the road safely. The steps for crossing safely are:**
- Find a safer place to cross. Stop, look, listen and think! Cross when there is no traffic coming and there is enough time to walk across the road. Keep looking and listening for traffic while you cross.**
  - Find a safer place to cross. Look and listen, stop. Cross when there is enough time. Look and listen then run.
  - Stop. Find a place to cross. Look and listen. Cross when there is enough time. Look to the left, then walk do not run.
4. **If there is no pavement or footpath you should:**
- Walk on the road in the same direction as traffic.
  - Walk on the side of the road, so that you're facing the traffic coming towards you.**
  - Walk on the road, and move in and out of traffic.
5. **When riding in cars always:**
- Distract the driver.
  - Throw rubbish out of the window.
  - Wear a seatbelt.**
6. **This sign means:**
- No cycling.**
  - Cycling allowed.
  - Give way to cycles.
- 
7. **Walking at night it's safest to wear:**
- Warm clothes.
  - Waterproof clothes.
  - Reflective clothes.**

# Green Cross Code-breaker!



First find a **safer** place to cross, then **stop**

1.

**Stand** on the pavement, but not too close to the edge of the kerb.

2.

5.

Keep **looking** and **Listening** for traffic as you cross the road.

**Walk** straight across the road. Do not run.

4.

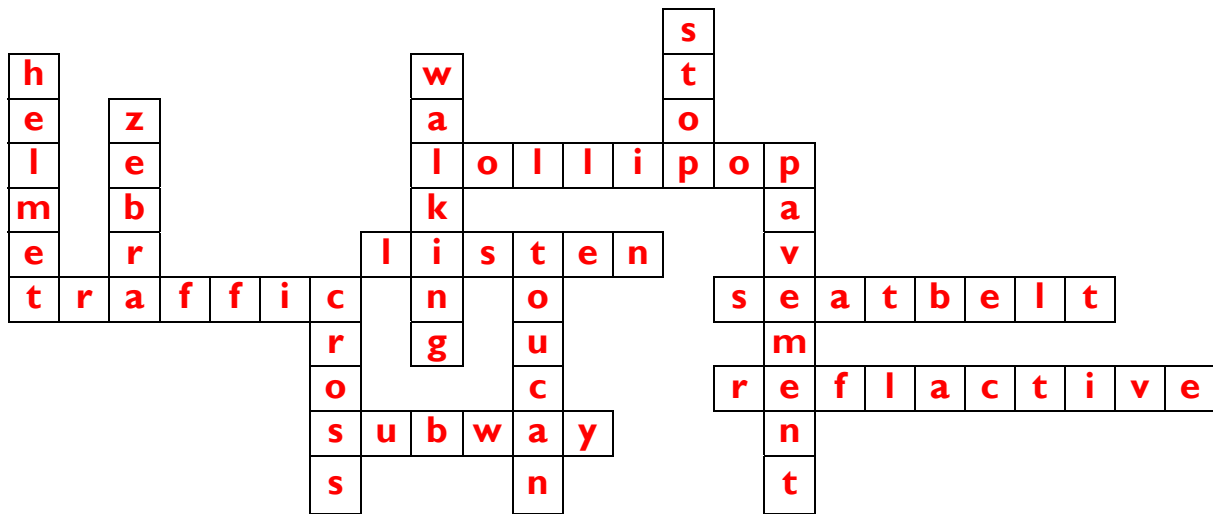
**Cross** when there is no traffic and there is enough **time** to get to the other side without running.

If you are unsure don't cross.

**Look** and **listen** in all directions for any traffic and **think** about what you are doing.

3.

# Crossword



## Across

5. lollipop
7. listen
9. traffic
11. seatbelt
12. reflective
13. subway

## Down

1. stop
2. helmet
3. walking
4. zebra
6. pavement
8. toucan
10. cross



# Unscramble these words

cleyc  
**cycle**

eesdp  
**speed**

lsgtih  
**lights**

iatx  
**taxi**

spto  
**stop**

olok  
**look**

nsteli  
**listen**

rlory  
**lorry**

knhit  
**think**

rac  
**car**

ubs  
**bus**



# Unscramble these words

erkdap rsca  
**parked cars**

enegr srcso dceo  
**green cross code**

gnidvri  
**driving**

idenpsetar  
**pedestrian**

laikwgn  
**walking**

godfotbrie  
**footbridge**

erbza osicngsr  
**zebra crossing**

fcfirta dainsl  
**traffic island**

yaubsw  
**subway**

nieplac gsorscin  
**pelican crossing**

opliplol rnpseo  
**lollipop person**

fifcrat gstlhi  
**traffic lights**

cpoeil focfeir  
**police officer**

vatmpene  
**pavement**

otolcymrce  
**motorcycle**

# Word search



S	T	<b>H</b>	<b>E</b>	<b>L</b>	<b>M</b>	<b>E</b>	<b>T</b>	R	A	<b>R</b>	C	B
O	L	F	F	K	D	M	E	P	G	<b>O</b>	F	N
Q	U	A	O	P	L	<b>N</b>	S	V	N	<b>A</b>	E	J
<b>C</b>	<b>R</b>	<b>O</b>	<b>S</b>	<b>S</b>	I	<b>E</b>	<b>Y</b>	P	B	<b>D</b>	I	T
B	O	L	O	Z	L	<b>T</b>	F	F	R	N	H	A
H	J	M	Q	U	<b>E</b>	<b>S</b>	P	V	G	E	D	P
T	F	I	A	<b>F</b>	C	<b>I</b>	T	E	B	<b>C</b>	<b>A</b>	<b>R</b>
P	G	O	<b>A</b>	S	S	<b>L</b>	E	I	N	T	L	M
K	C	<b>S</b>	<b>T</b>	<b>L</b>	<b>E</b>	<b>B</b>	<b>T</b>	<b>A</b>	<b>E</b>	<b>S</b>	J	K
V	E	<b>T</b>	X	W	L	L	A	R	T	E	Y	T
S	R	<b>O</b>	U	T	O	P	S	<b>L</b>	<b>O</b>	<b>O</b>	<b>K</b>	B
T	M	<b>P</b>	E	L	H	<b>T</b>	<b>R</b>	<b>A</b>	<b>F</b>	<b>F</b>	<b>I</b>	<b>C</b>

# Word search



L	X	Z	V	A	U	T	U	S	A	I	P	C	M	E
O	A	E	F	O	O	T	B	R	I	D	G	E	N	M
L	I	B	S	H	D	E	E	F	A	I	W	Y	K	O
L	T	R	A	F	F	I	C	L	I	G	H	T	S	T
I	R	A	O	O	K	A	X	U	R	S	X	H	P	O
P	E	C	V	A	N	B	S	P	E	E	D	I	O	R
O	D	R	E	B	E	X	I	U	C	S	A	N	Y	C
P	S	O	R	E	L	S	U	D	I	Z	E	K	R	Y
P	U	S	I	L	O	R	R	Y	F	A	C	J	D	C
E	B	S	G	H	I	G	T	E	F	I	U	I	P	L
R	W	I	O	R	J	U	D	P	O	S	K	F	J	E
S	A	N	T	I	U	A	M	L	E	F	P	E	H	P
O	Y	G	U	X	N	S	B	U	C	N	S	B	S	T
N	F	L	R	A	N	E	T	S	I	L	B	E	C	I
D	G	F	W	T	I	C	P	O	L	S	U	P	F	E
P	E	L	I	C	A	N	C	R	O	S	S	I	N	G
E	P	A	T	K	I	G	N	S	P	G	O	A	I	F
G	R	E	N	T	L	O	O	K	L	U	N	F	E	R
R	A	C	T	U	H	O	T	N	E	M	E	V	A	P
B	E	D	O	C	S	S	O	R	C	N	E	E	R	G
S	I	G	I	T	R	A	F	F	I	C	T	J	L	M



# Thank you

for all your help spreading  
the road safety message  
to your school community

**Wear your badge  
with pride!**

