

PARENTS/CARERS GUIDE TO HELPING YOUR CHILD MOVE TO SECONDARY SCHOOL

Moving to a new school is a time of change that can bring both great expectation and anxiety. Every child is different and will respond differently to the move.

It can be useful to remind ourselves of how we, as parents or carers, cope with a new situation.

- How does it feel when you go into a building you don't know?
- What do you look for first?
- What do you see when you don't see anyone you know?
- What do you do if you think you're lost?

Children need to become more independent and need to learn to manage their own lives, but they need your help and support. The following are suggestions that you might like to use.

You could:

- Listen to your child's fears
- Be positive about the move to secondary school
- Think of ways through any problems that might arise
- Visit the school and find out what it is like
- Work out the journey to school
- Help your child to buy the equipment they need
- Find out how to talk with the teachers about how your child is getting on
- Find out who to talk to if there is a problem

Try not to:

- Pass on myths and stories that may worry your child
- Be negative about the school
- Expect your child to manage the transfer by themselves
- Do everything for them
- Ask older siblings to be responsible for them
- Expect the secondary school to work in the same way as the primary school

Transfer Support Team

Contact details

Email:

tst@buckscc.gov.uk

Telephone:

01494 586582

Services for



Children and Young People
in Buckinghamshire

