

Application Form

MENTAL HEALTH (EPS and CAMHS)

APPLICATIONS

Buckinghamshire Maintained Schools, Free Schools and Academies:

Should be made by 27th May 2011 on the My School area of the Schools Web for the Academic Year. After 27th May 2011 please complete the application form.

Independent Schools and Out of County Schools:

Should be made by completing an application form

Contact Details:

Email: eps@buckscc.gov.uk

Telephone: 01296 383219

Fax: 01296 382818

Web: www.buckscc.gov.uk/schools/eps

School Name:

Head Teacher's Signature:

Print Name:

Telephone Number:

DfE Number:

Mental Health Support Options

**Number of sessions
(MH1/2 only)**

Cost

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Please send completed application form to:

Educational Psychology Service
Ground Floor
County Hall
Aylesbury
Bucks
HP20 1UZ

EPS Standard Terms and Conditions apply.



The Educational Psychology Service & Children and Adolescent Mental Health Service

Mental Health Traded Services for All Schools

Academic Year 2011-12



JOINT PROBLEM SOLVING CONSULTATION

The Educational Psychology Service (EPS)
& Children And Adolescent Mental Health Service (CAMHS) Joint Delivery

Support Options	Type of Support	Bucks Maintained Schools and Academies	All Other Schools
Joint 1	<ul style="list-style-type: none"> 12 hrs comprising of 6 x 2 hour sessions for up to 10 members of staff Joint Problem Solving Consultation delivered jointly by an EP & a CAMHS worker 	£1,500	£1,800
Joint 2	As Joint 1 plus: <ul style="list-style-type: none"> Whole service day training for school (can be split) delivered jointly by an EP & a CAMHS worker 	£2,500	£3,000

Features:

Support for staff identifying/working with children with mental health and emotional well-being difficulties. The joint problem solving consultation sessions are based on the existence of a collaborative approach between CAMHS and EPS to facilitate the sharing of information, skills and expertise. The consultation sessions may be used to discuss whole school, class group, group and/or individual children and young peoples' needs, including wider family issues within the area of mental health and emotional well being. Consultation time could also be used to provide focused informal training in a specific area of mental health and emotional well being. In relation to these packages, schools also have free access to a CAMHS helpline and Mental Health on-line support.

Benefits:

- Evaluation to date indicates that the sessions have been positively regarded and beneficial to both the school staff and pupil/student population.
- Promotes early intervention and prevention.
- Flexibility usage which can be tailored to school requirements. Schools are able to request specific CPD support.
- Encourages staff groups to facilitate a systemic view and promotes a joined-up approach.
- Promotes the use of problem solving as part of a team, which will strengthen staff ability to meet student's needs 'in-house'.
- Promotes reflective practice and supports the development of schools' policies and procedures.
- Supports the emotional well being, mental health of C&YP and negates/supports any ongoing referral process.

Feeds into SEF: **A2.1 / A2.3 / A2.4 / A2.6 / A2.7 / A2.9 / A4.5**

SEF Key

A2.1 Pupils' attainment.
 A2.3 The quality of learning for pupils with SEN and/or disabilities and their progress.
 A2.4 Pupils' achievement and the extent to which they enjoy their learning.
 A2.6 Pupils' behaviour.
 A2.7 The extent to which pupils' adopt healthy lifestyles.
 A2.9 Pupils' attendance.
 A4.5 The effectiveness of partnerships in promoting learning and well-being.

ENHANCED TRANSFER SUPPORT (ETS) COUNSELLING—YR 6/7 AND YR 7-10

Mental Health counselling for Yr 6/7 and Yr 7 - Yr 10 pupils identified by schools

Support Options	Type of Support	Bucks Maintained Schools and Academies	All Other Schools
MH1 MH2	Primary – Y6 pupils Secondary Y7-10 pupils A qualified counsellor provides individual therapeutic support for pupils using a range of therapeutic approaches. Approx. 2/3 students can be seen individually during each session. Number of sessions required is negotiable, however a minimum of 4 sessions is recommended.	£65 per 2.5 hr session	£78 per 2.5 hr session

This evolved from the service that the existing Transfer Support Team (TST) deliver relating to the transition from primary to secondary school, which aims to reduce any dip in academic performance sometimes experienced by pupils following transfer, as well as minimising the likelihood of subsequent social/emotional difficulties, exclusion or school refusal.

The Targeted Mental Health in Schools (TaMHS) project recognised the need to widen the remit to include those pupils that required further one to one therapeutic support and those that did not meet the existing Transfer Support Team criteria.

Features:

A qualified counsellor provides individual therapeutic support for pupils Year 6 – Year 10 using a range of therapeutic approaches. Pupil vulnerability may be due to family circumstances (including bereavement/loss, Children in Care and Young Carers) and/or a combination of within-child factors such as poor communication/language skills, anxiety, depressive or withdrawn behaviour, under-developed social skills, difficulties with relationships (adults/peers) and learning difficulties.

The secondary package includes those identified in Year 6 and any new students who were not initially identified, but are demonstrating difficulties in settling into the new secondary school setting (this includes students up to Year 10 that have recently transferred into the school).

Benefits:

- Improvement in the children's social and emotional well being following ETS involvement.
- Promotes early intervention and prevention.
- Promotes pro-social behaviour.
- Reduces escalation of issues around transfer.
- Supports children who do not meet the Transfer Support Team criteria.
- Supports children who would benefit from support, but demonstrate difficulty engaging within a group context.
- Supports the emotional well being, mental health of C&YP and negates/supports any ongoing referral process.
- The ETS counsellor will identify and communicate recommendations for the school following the end of the therapeutic involvement.

Feeds into SEF: **A2.1 / A2.3 / A2.4 / A2.6 / A2.7 / A2.9 / A4.5**