

# SUNDAY STRIDE

## 26<sup>th</sup> February 2012

### Penn Street & Winchmore Hill

Distance: approx. 4.4 miles (7.14 km)    Duration: 2¼ hours approx

Meet at 10.45 am for a 11.00 am start from the Squirrel Pub Car Park in Penn Street (Postcode for Satnavs HP7 0PX). We can park in Pub car park if eating here afterwards, otherwise please park in the road.

Penn Street is just off the A404 Amersham to High Wycombe road.

This is a circular walk via Winchmore Hill and around Penn House for the enjoyment of the Chiltern Hills and woodland, without too much exertion though there are three short periods of climbing. The walk takes us across open fields and through Tragoe's Planation wood to Winchmore Hill. Leaving here we continue towards Penn Bottom. Crossing a small road junction we make our way up through Brook Wood. Turning right we walk a short distance along Penn Bottom road before we climb up through Pennhouse Grove and Charcoal Grove towards Penn House. Leaving Penn House estate behind us, we then return to Penn Street.

The complete walk should take us a little over two hours and we expect to return to Penn Street shortly after 1.00 pm.

For those who would like lunch.....

The pub where we start is The Squirrel which serves a full pub lunch menu and Sunday roasts.

Booking is available on 01494 711291    [www.thesquirrelpub.co.uk](http://www.thesquirrelpub.co.uk)

An alternative pub in Penn Street is The Hit or Miss which has a restaurant also serving a wide ranging menu.

Booking essential 01494 713109    [www.ourpubs.co.uk](http://www.ourpubs.co.uk)

Look forward to seeing you.

Dave Tate - walk leader