



## **I COULD DO THAT! CAMPAIGN AIMS TO ENCOURAGE MORE PEOPLE IN BUCKINGHAMSHIRE TO HELP DISABLED CHILDREN AND YOUNG PEOPLE JOIN IN**

The Take a Break team are launching a campaign during Share the Care Week (21-27 March 2011) to encourage more people to think "I Could Do That!" and become a short break carer to support a disabled child and their family.

The Take a Break team will have a stand at Friars Square shopping centre in Aylesbury on Wednesday 23rd March and Park Parade in Hazlemere on Friday April 1st so please come and visit us there!

Within Buckinghamshire there is a real need for more short break carers to help disabled children take part in activities in their community and provide a break from caring for their families. There are many families currently linked to short break carers but more are required in Buckinghamshire as children with disabilities are currently waiting to be linked to a family.

Candy Smith, Chief Executive of Shared Care Network - said:

*"Not only do short break carers give children the chance to take part in activities that most non-disabled children take for granted – they also give parents a break from the demands of caring. Being a short break carer is such a rewarding and enjoyable role to have in a disabled child's life. We hope that when they hear about the opportunity many more people will think "I Could Do That!" and find out more."*

A survey carried out on behalf of Shared Care Network last year showed only 3 in 10 people have heard about the opportunity to become short break carers but that once people know about the opportunity a large number (1 in 5) would consider doing it.